

## EVENTS:

- NPEIV conferences  
Sept. 8-14 (pg. 3)
- HHS Plenary on ACE's & Community Capacity  
Sept. 14 (pg. 3)
- Barn Raising: The Art of Collaboration  
Sept. 21-23 (pg. 3)
- HB 1965 Advisory Group Work Session  
Sept. 27th (pg. 2)
- OMB Webinar  
Sept. 29th (pg. 3)
- 2nd Annual NW Regional STIA Event  
Nov. 2nd (pg. 2)
- Bullying & Parenting Training w/ Barbara Coloroso  
Oct. 5 (pg. 2)

## HIGHLIGHTS:

- Systems Thinking in Schools: Waters Foundation  
[Watch 1st graders use feedback loops!](#)
- Parent Representative to the Children's Resilience Initiative in Walla Walla, explains the deep personal impact of the Adverse Childhood Experiences information. Her courage, perseverance and leadership informs local decision making.  
[Listen to Annette!](#)

## RESOURCES OF INTEREST:

- Early Adversity, Adult Misery: How Small Events Trigger Depression  
[www.theatlantic.com](http://www.theatlantic.com)
- Collective Impact  
[www.ssireview.org](http://www.ssireview.org)

# The Harvest

*Coming Together for the Solution!*

ISSUE # 1

SEPTEMBER 2011

**Welcome!** This is the first issue of "The Harvest"... A publication to increase the visibility & communication of our Network members & their partners, as well as all others who are interested in the diversity of solutions being created across the state that are helping children & families lead better lives.

## A Brief History...

In 1989, in response to rising rates of social problems, a sub cabinet on family policy was formed. Focus groups across the state developed the Family Policy Principles.

The Community Health & Safety Networks became Agents of Change in 1992. [The Family Policy Council](#) purpose was codified into law: *Empower communities to support & respond to the needs of individuals, families, & children; & improve the responsiveness of services for children & families.*

The Family Policy Council leadership developed outcomes-based contracts & the foundation for measuring community capacity: [Focus, Learning, Leadership, & Results.](#)

A unique education taxonomy was adopted highlighting causal pathways, current research, & support for dialogue.

Developmental neurobiology, Adverse Childhood Experiences (ACE's), resilience, systems thinking & civic engagement catalyzed Community Network

research informed practices.

Read more about the [Washington's ACE population](#) along with our Community Capacity building approach that has provided evidence of [ACE prevalence reduction in Washington State.](#)

## Facing the future...

In these difficult times where the number and intensity of problems are boundless, The Family Policy Council and the community Networks are instead overwhelmed by a [magnitude of the solutions!](#)

The Community Networks continue to work hard to improve the lives and protect the dreams of our chil-

dren, our families, and our communities.

Philanthropic interest has been piqued and collaborative leaderships are forming to guide us into the future.



*"Trust the people of the State of Washington. What's happening here with the Adverse Childhood Experiences Study is extraordinary; it exceeds all expectations."*

- Dr. Rob Anda

## This Issue:

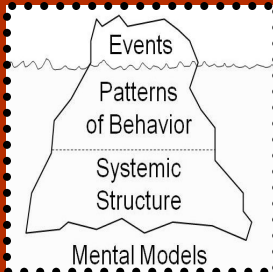
- The FPC & Partners Journey
- [Engaging Possibilities:](#)
  - Upcoming Ed Events
  - HB 1965
  - Speaking Engagements
- [Innovative Communities:](#)
  - Inventory of Service Change Case Studies

## Next Issue:

- Narration is added for the Online ACE curriculum!
- 2010 Healthy Youth Survey data in review & 2010 BRFFS received - How have current events affected Washington and our youth?
- DVR Partnership

# Engaging Possibilities...

The Systems Thinking approach was introduced by The Family Policy Council to the Community Health & Safety Network system in 1998.



As part of a unique education strategy stressing causal pathways and complex adaptive systems that employs a learn-manage-improve cycle. This continuous learning is embedded in the Community Network structure.

Right: Edith and Carey Neighborhood Park and Community Garden. Community partners: Blue Mountain Action Council, Sherwood Trust, Neighborhood Residents & the Walla Walla Community Health & Safety Network. Visit [www.pomegranatecenter.org](http://www.pomegranatecenter.org) And scroll down to see more!

## Educational Opportunities!

Family Education & Support Services will be featuring Barbara Coloroso Oct 5th!

11:30 — 1:30pm Luncheon & 2 — 4pm Training on Bullying Prevention

both activities will be at the Lacey Community Center

6:30 — 8:30pm Free Parenting Tools Lecture "Parenting with Wit & Wisdom" & South Puget Sound Community College in Tumwater

To learn more visit: [familyeducationandsupport.org](http://familyeducationandsupport.org)

## 2nd annual Northwest Regional Pegasus Systems Thinking in Action

November 2, 2011 — 11:00 am to 7:00 pm, Westin, Seattle, WA

A gathering for Pacific Northwest area-systems thinking practitioners and students to deepen connections and conversations following the 2011 Systems Thinking in Action conference.

ALL ARE WELCOME!!

\$99 for this Regional Event (\$49 if already attending the full conference)

**includes Peter Senge's closing conference keynote**

For more information contact: Steve Byers [smbyers7@comcast.net](mailto:smbyers7@comcast.net) (360) 259-0340 or Nalani Linder [nalani@nplinder.com](mailto:nalani@nplinder.com) (253) 761-1084

Listed Events are for Informational Purposes Only.

## House Bill 1965

House Bill 1965 passed as part of special legislative session — May 2011.

Section 1: "The legislature finds that adverse childhood experiences are a powerful common determinant of a child's ability to be successful at school and, as an adult, to be successful at work, to avoid behavioral and chronic physical health conditions, and to build healthy relationships ...

"The legislature recognizes that many community public health and safety networks across the state have knowledge and expertise regarding the reduction of adverse childhood experiences and can provide leadership on this initiative in their communities." HB 1965 requires the Secretary of the DSHS and the Director of the DEL to convene a planning group that will offer recommendations on

the process by which to meet the goals outlined in the bill. June 28, 2011 was the first planning meeting.

The advisory work group representation are representatives of: Dept. of Early Learning, Dept. of Health, Dept. Social & Health

and Families, Philanthropy NW, and Community Public Health and Safety Networks. Other invitees include representation from Governor's Policy Office, House of Representatives, Senate, and Family Policy Council. There is a half day work group scheduled for September 27, 2011.

The intent is to gather information and compile the strengths of the represented organizations as they relate to preventing ACE's and mitigating their effects. The group will begin drafting a report in November 2011.

House Bill 1965 sunsets The Family Policy Council leadership as of June 30, 2012. The Community Network authority and mandates remain intact.



Services, Office of the Superintendent Public Instruction, Port Gamble S'Klallam Tribe, Early Learning Coalitions, Community Mobilization, Council for Children

## Barn Raising: The Art of Collaboration

At the Philanthropy Northwest 2011 Northwest Annual Conference and Membership Meeting September 21-23, 2011 in Missoula Montana Laura Porter, Family Policy Council Staff Director presented on a panel: Moving Solutions Upstream with David Bley & Marie Sauter, Bill & Melinda Gates Foundation, Jock Edwards, Sherwood Trust & Richard Manning, U. of Montana.

*"This year we meet in the spirit of an old-fashioned barn raising. Historically, building a barn meant relying on your neighbors. It meant bringing your tools, sharing your skills, and very likely teaching or learning from others. It meant creating something bigger than any one person could do alone. It meant putting aside your own work to help someone else, getting them ready for the season ahead."*

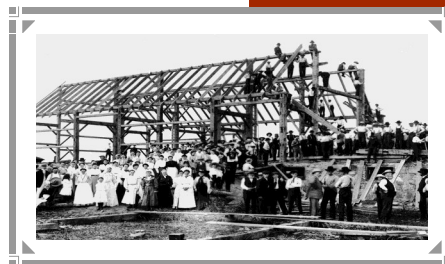
- excerpt from the 2011 PNW Conference Program.

To learn more about Philanthropy Northwest and the 2011 Conference visit:

[www.philanthropynw.org/s\\_pnw/index.asp](http://www.philanthropynw.org/s_pnw/index.asp)

**"Family not only need to consist of merely those whom we share blood, but also those whom we'd give blood."**

- Charles Dickens



## Intergenerational Violence, Abuse, & Trauma

Laura Porter, Staff Director of the Family Policy Council, was invited to speak in San Diego, California this month regarding ACE's, ACE reduction, and Community Capacity Building. The National Partnership to End Interpersonal Violence Across the lifespan hosted their annual meeting on September 8-10th, 2011—the largest

think tank devoted to the problem of interpersonal violence. In conjunction, the National Summit on Interpersonal Violence was September 11-13, 2011 and the 16th International Conference on Violence, Abuse & Trauma was held September 11-14th, 2011.

Funded in part by The Robert Wood Johnson Foundation, who

has a long history of bringing together individual experts and specialists to dialogue and collaborate on large scale social dilemmas.

To learn more visit NPEIV or RWJF:

[www.uncg.edu/psy/npeiv](http://www.uncg.edu/psy/npeiv)

[www.rwjf.org](http://www.rwjf.org)

## Office of Management & Budget (OMB) Webinar

The Partnership Fund for Program Integrity Innovation (the Partnership Fund) was established by the Consolidated Appropriations Act of 2010. The Executive Office of the Presi-

dent, OMB is responsible for managing the Partnership Fund. The FPC Staff Director, Laura Porter will be presenting, "Washington State Family Policy Council," a general overview of the Commu-

nity Network's work and our results in Washington state on September 29, 2011.

To learn more about The Partnership Fund visit:

[www.partners4solutions.gov](http://www.partners4solutions.gov)

## Health & Human Services ACE's Plenary

Washington State received 1st in a possible series of grants for Home Visiting. Wednesday, September 14, 2011 Laura Porter, Staff Director & Sasha Silveanu, Story Tracker & Policy Analyst for the Family Policy

Council attended the Region 10 Joint State & Tribal Home Visiting Cluster Meeting "Home Visiting: Engaging State & Tribal Communities", hosted by the Department of Health & Human Services in Seattle. Laura presented informa-

tion on Adverse Childhood Experiences & Evidence-Based Home Visiting.

Efforts are underway to build a strong system for early childhood development.

Save a Life  
Give Blood  
American Red  
Cross

[www.redcross.org](http://www.redcross.org)

# Innovative Communities...

## "Inventory of Service Change"

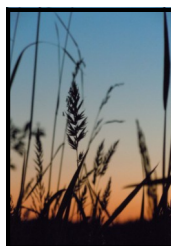
The Family Policy Council, Community Networks, and our partners are gathering an inventory of service change related to brain science, the Adverse Childhood Experiences Study, historical

trauma, and resiliency research. We are doing this so that the wisdom of Washington people will guide service improvement. By service, we mean any action that is designed to improve the

knowledge, skills, attitude, behavior, status or norms of people, organization(s) or community.

## How are communities applying ACE's & changing services?

In Jefferson County the Public Health and Community Network are in the same building, so it is not surprising that Family Policy Council efforts to disseminate information about ACEs have influenced the health department's work. With money from the local philanthropy, an individual trained in ACEs by the Network, the Maternal and Child Health program has revised its client intake form to include questions about ACEs. This process has created opportunities to discuss sensitive issues with parents, gain a better understanding of clients' needs, target the most vulnerable populations, and provide more effective referrals—all without increasing the length of visits or the staff's workload. See how ACEs fits into Jefferson County's Planned Performance Measures for 2011:



Summer  
Sunset in  
Olympia,  
WA

Photo by:  
Sasha Silveanu

In the Spokane area, whole schools have begun to shift their assumptions about student behavior as a result of the local Community Network's education and outreach efforts. This has not only changed how schools react to students who "misbehave", it has also stimulated interest in social and emotional development and learning (SEL) among school district leaders. One district has discussed revamping its disciplinary policy in light of ACEs and another is looking at complex trauma as the foundation for building a new social and emotional curriculum.

[Visit WSU Extension to learn more!](#)

[http://www.jeffersoncountypublichealth.org/pdf/FamilySupportPrograms\\_planned\\_2011.pdf](http://www.jeffersoncountypublichealth.org/pdf/FamilySupportPrograms_planned_2011.pdf)

Go online and share your story! See more? At [www.fpc.wa.gov](http://www.fpc.wa.gov)  
Questions regarding the Inventory? Contact: [Sasha Silveanu silveaj@dshs.wa.gov](mailto:Sasha.Silveanu@dshs.wa.gov)

## Description of Community Capacity

When a community operates in a way that makes it easy for people to gather together—formally or informally, around a problem or an idea that people want to address—the individuals in that community find they have a more complete picture of what is going on around them. This includes everything from the neighborhood to the policy making levels. This larger set of eyes magnifies the local view. With more parts of the puzzle in view, the actions a group of people takes around an issue are more effective. Their actions are born from a larger pool of material resources, knowledge, skills, thinking styles, and values. This larger set of eyes focused on the local view not only magnifies what is seen, but broadens the possibility of what can be seen, not unlike the way the view from the top of a mountain gives a person glimpses of things that can't be seen from the valley below.

This broadened, sharpened local view allows people to see new things and to recognize what they are and what they might be. Think about a time when you saw something you didn't recognize. If you were curious, you might have spent some time trying to figure out what it was. Say you failed to figure it out. What would your next step have been? You would have likely ignored it, putting yourself at risk of missing a threat or an opportunity. In high capacity communities, many eyes are watching many things, when someone perceives something new entering the community or perceives and old part of the community in a new way, he or she says, "Look! I see something." And others come to help discern what it is, bringing with them an ocean of resources.

- from Rochelle Riling, Okanogan County Community Network

We would  
love to hear  
from you!

If you would like to submit something to be included in our next issue of "The Harvest" send an email to:

[Karen Baltz:](mailto:kaltzkm@dshs.wa.gov)  
[baltzkm@dshs.wa.gov](mailto:kaltzkm@dshs.wa.gov)

Or

[Claudia Eilers:](mailto:eilercj@dshs.wa.gov)  
[eilercj@dshs.wa.gov](mailto:eilercj@dshs.wa.gov)

Please Include in your Email, Name, Your organization / Network affiliation, & a Brief Description

Submissions received by the end of each month will be considered for the upcoming issue.

The solutions are the constellation of many partners. Thank you for all you do to contribute!!



Left: Laura Porter's new grandbaby Ella & her brother Kalen



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## The Family Policy Council Organizational Values:

- Catalyst for Change & Transformation
- Fundamental Respect for the Wisdom within each Person